

Do you want to stay Home Alone?



Home Alone & Stranger Safety

"A new way to learn!"

A fun and interactive course for youth aged 8-11 years of age

Niagara Falls	Saturday	December 10th	10-4pm	
Welland	Sunday	December 11th	10-4pm	
St. Catharines	Monday	January 2nd	9-3pm	WINTER BREAK

~ Space is limited ~ you must pre-register ~
~ One day Course ~ Choose one date ~

Upon successful completion of the course, participants will receive a Certificate of Completion and Guide Book including First Aid, Home Alone Safety & Stranger Safety.

Courses are taught by Certified instructors who have a passion for childcare & safety and teaches:

- Staying home alone safely and with confidence.
- How to be productive, safe and have fun while Home Alone
- Being safe in the kitchen and how to prepare simple, healthy snacks
- How to call EMS in case of an Emergency and beginner First Aid
- Assembling a Home Alone safety kit including house rules
- Includes content approved and/or provided by the Ontario Provincial Police & Ontario Fire Marshal's Office
- Personal safety outside the home, including playground and stranger safety
- How to answer the door and telephone
- Building confidence and readiness including how to overcome common fears at Home Alone

**The ONLY FULL DAY
Home Alone Course
available!**

Register

**Please visit us online at our website: www.VARISAFE.ca
OR email us at: register@varisafe.ca**

You will receive a confirmation email within one business day of registering, including course details such as: course location & directions, what to bring and payment information. **Course cost: \$53.10 plus tax**

Questions? Visit our website: www.VARISAFE.ca

Email us: admin@varisafe.ca

CALL us toll free at 1-866-974-SITT (7488) Mon-Fri 10am- 4pm



**Vari SAFE
Education**



Babysitters Training

"A new way to learn!" A fun and interactive course for youth aged 10-13 years of age

Port Colborne	Saturday, December 17th	10am-4pm	
Grimsby	Sunday, December 18th	10am-4pm	
Niagara Falls	Tuesday, January 3rd	9am-3pm	-WINTER BREAK-
Welland	Wednesday, January 4th	9am-3pm	-WINTER BREAK-
St. Catharines	Friday, January 20th	9am-3pm	-PA DAY-

Space IS Limited- You MUST Pre-Register- CHOOSE ONE DATE

Courses are taught by **certified Vari SAFE Instructors** and teaches:

Resume writing, interview tips and how to get your first job safely

Interactive, hands on instruction on how to change a diaper, bathe and feed an infant

Understanding the development and behaviours of children

Fun and imaginative games and activities for children of all ages

Identifying an injury, illness or emergency and how to handle each with a focus on staying calm

Being safe and creative in the kitchen including simple meals and snacks

Includes content approved and/or provided by the Ontario Provincial Police & Ontario Fire Marshal's Office

Injury prevention including First Aid, choking, rescue breathing and airway management

How to handle temper tantrums, crying and difficult children ... plus lots more!

REGISTER

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OR Call us toll free at 1-866-974-SITT (7488) Mon, Wed & Fri 10:00 am- 4:00 pm

You will receive a confirmation email within one business day of registering, including course details such as: course location & directions, what to bring and payment info. Course cost: \$53.10 plus HST

Upon successful completion of the course, participants will receive a **wallet card** and comprehensive **Babysitters Guide** including advanced **First Aid**.



Vari SAFE
Education